

# Local Health Profile

## Puketāpapa

Puketāpapa local board area is located centrally in the Auckland isthmus, bordering the Manukau Harbour.

Suburbs include Three Kings, Mt Roskill, Hillsborough, Waikowhai, Lynfield and Wesley. There is a mix of residential neighbourhoods, business and retail areas, and light industrial land. The south-western motorway traverses the area.

There are many open spaces such as the volcanic cones Mt Roskill (Puketāpapa) and Three Kings (Te Taua a Riukiura), Maungakiekie and Akarana Golf courses, coastal areas including Wattle Bay Reserve and Waikowhai Park, Keith Hay Park, and Monte Cecilia Park. A swimming pool is located in Mt Roskill (Cameron Pool and Leisure Centre) and there is a leisure centre in Lynfield .

This area is home to 29 Early Childhood Education Centres and 22 schools.

Puketāpapa is a significant area for Māori. Marae are located closeby in neighbouring local board areas Albert-Eden, Whau, and Māngere-Ōtāhuhu.

## The People

Puketāpapa is home to approximately 60,000 people. About 11,000 (18%) are children aged less than 15 years and 7,000 (12%) are people aged 65 years or more. The population is expected to reach about 74,000 by 2033.

Puketāpapa residents identify with a wide range of ethnic groups. In 2013, 5.4% identified as Māori, 14% as Pacific peoples, 44% as Asian people, and 37% as Europeans or other ethnic groups.

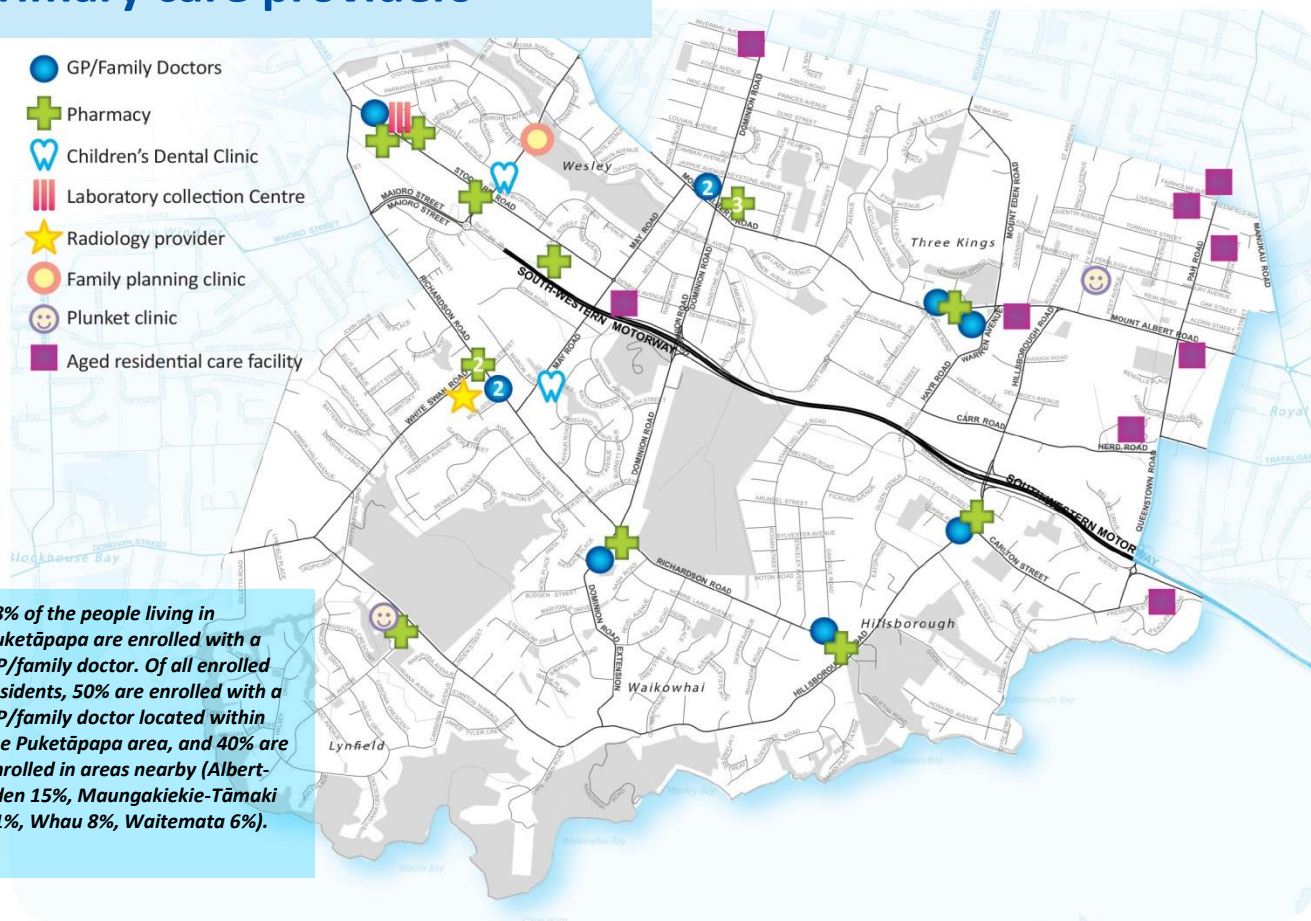
### In the 2013 Census:

- 38% of residents aged 15 years or more had a degree or diploma qualification. 15% had no qualification.
- 58% of residents aged 15 years or more were employed. 2,400 residents were unemployed, which was 9% of the labour force.
- 52% of households had income greater than \$70,000 per year and 21% of households had income of \$30,000 or below per year.
- 10% of households were receiving income from sickness or invalids benefits.
- 5% of households were single parent families with dependent children.
- 57% of households owned their own house.

In 2013, the NZ Disability Survey estimated 19% of people live with a disability.

## Primary care providers

-  GP/Family Doctors
-  Pharmacy
-  Children's Dental Clinic
-  Laboratory collection Centre
-  Radiology provider
-  Family planning clinic
-  Plunket clinic
-  Aged residential care facility



**88% of the people living in Puketāpapa are enrolled with a GP/family doctor. Of all enrolled residents, 50% are enrolled with a GP/family doctor located within the Puketāpapa area, and 40% are enrolled in areas nearby (Albert-Eden 15%, Maungakiekie-Tāmaki 11%, Whau 8%, Waitemata 6%).**

For more information about GP/family doctors, such as opening hours and contact details, go to [www.healthpoint.co.nz](http://www.healthpoint.co.nz).

For information about after-hour services in the area, go to <http://afterhoursnetwork.co.nz>.

## Health and wellbeing

Many factors contribute to good health and well-being in communities. Examples include:

- Education and employment opportunities.
- High quality physical environment.
- Good quality housing that is not crowded.
- Good urban design and healthy transport options e.g. walkways & cycle pathways, access to public transport.
- Support for people to be smokefree.
- Less alcohol outlets and gambling venues.
- Good access to healthy food.
- People feeling connected in their communities.

In 2012, people living in Puketāpapa said the most important health issues facing their communities were: obesity, poverty, cost of health services, access to health services, diet, alcohol, mental health problems, and diabetes.

23% of Puketāpapa residents live in Quintile 5 areas (the most deprived neighbourhoods, 2013 estimation). Across local boards in Auckland the range is 0% to 82% (median is 18%). Quintile 5 means a neighbourhood is among the most deprived 20% of neighbourhoods in New Zealand (according to the New Zealand Deprivation score 2013). Therefore, compared with other communities in New Zealand, many people living in Puketāpapa have relatively poor social and economic living conditions.

A range of factors related to health and ill-health are listed below. It is important to note that there is limited health information available at the local board level.

## Auckland DHB Community Health Survey (2012)

### Self-rated health

In the 2012 Auckland DHB community health survey, this is how Puketāpapa residents rated their health.

- 46% of residents rated their health as high, 45% rated their health as moderate, and 9% rated their health as low (on a 7 point scale).
- Residents reported that the most positive impacts on health were:
  - Diet and nutrition.
  - Exercise.
  - Access to good healthcare.
  - Support from family to stay healthy.
  - Medication.
  - Stopping smoking.
  - Healthy lifestyle.

### Quality of health care

- In the 2012 survey, 56% of residents rated the quality of their health care as high, 35% rated quality as moderate, and 9% rated quality as low (on a 7 point scale).
- For those who rated their quality of health care as low, the main issues were problems with access to care, e.g. long waiting times, and negative experiences of health services.
- Lack of support and poor access to health services for recent immigrants, non-English speaking residents, and low-income families were identified as issues in this community.

Source: Auckland DHB Community Health Survey, 2012, available online at: <https://www.healthvoice.org.nz/show-reports/community-health-wellbeing-survey-update.aspx>

Indicator	Puketāpapa	Worst	Range for local boards in the Auckland Region	Best
1 Male Life Expectancy at birth (years)	80	75		83
2 Female Life Expectancy at birth (years)	84	80		87
3 Population in overcrowded households	20%	43%		4%
4 People aged 15 years or more who are regular smokers	11%	22%		7%
5 Adults commuting by:	3%	2%		28%
6 - walking, jogging or riding a bike				
6 - taking public train or bus	10%	0%		13%
7 Dwellings with more than 1 alcohol off-license within 800m	40%	84%		5%
8 Hospital discharge rate ASR per 1,000	149	209		108
9 Emergency Department Visits ASR per 1,000 population	199	297		116
10 Out patient First Specialist Assessment ASR per 1,000 population	145	226		109
11 Cancer Mortality ASR per 1,000	72	193		64
12 Cardiovascular Mortality ASR per 1,000	70	196		44

\*Data sources: 1-2: Statistics NZ, with further analysis by Auckland DHB, 2010-2012 data; 3-5: 2013 Census, data in 5-6 applies to people aged 15 years or more who were employed in the week prior to the Census; 7: Auckland Regional Public Health Service, 2012 data; 8: Ministry of Health National Minimum Dataset with further analysis by Auckland DHB, 2014 data; 9-10 Ministry of Health National Non-Admitted patient collection with further analysis by Auckland DHB, 2014 data; 11-12 Ministry of Health Mortality collection with further analysis by Auckland DHB, 2010-12

For more population-level health information for local board areas, see the Locality Atlas at [www.adhb.govt.nz/planningandfunding](http://www.adhb.govt.nz/planningandfunding).

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